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# AIDS-Defining Conditions

*Together, we can change the course of the HIV epidemic...one woman at a time.*

#onewomanatatime

[www.thewellproject.org](http://www.thewellproject.org)

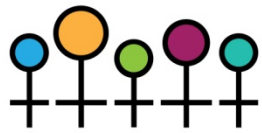
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# What Is AIDS?

AIDS stands for  
**A**cquired  
**I**mmune  
**D**eficiency  
**S**yndrome.

AIDS is the advanced  
stage of HIV.

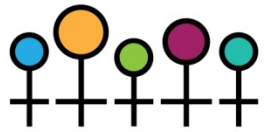




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# What Is an AIDS Diagnosis?

- CDC defines a person as having AIDS if (s)he is **living with HIV and has a CD4 cell count of 200 or less**
  - CDC has list of opportunistic infections (OIs), cancers, conditions considered **AIDS-defining conditions** (see slides 6 and 7)
  - If you are living with HIV and have 1 or more of these conditions, you have a diagnosis of AIDS, no matter your CD4 count or how it changes
    - *This does not necessarily mean you are sick or will get sick in the future*
    - *People with an AIDS diagnosis can rebuild their immune systems, live long, healthy lives*



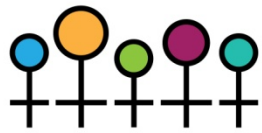
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## Stage 3 HIV

- AIDS is also sometimes referred to as **stage 3 HIV**
- CDC defines and uses “stages” of HIV
  - To keep track of the # of HIV cases in US
  - To plan for prevention and care on a population level
- WHO uses similar staging system, set of definitions
  - WHO refers to AIDS as “severe HIV” or “stage 4”
- Definitions not meant for health providers to use in making clinical decisions for individual patients

# AIDS-Defining Conditions

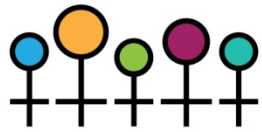
- AIDS-defining conditions on slides 6 and 7 come from a government report and contains medical terms
- If you have any questions:
  - Contact an educator at local ASO
  - Call AIDS information line, e.g., Project Inform National HIV/AIDS Treatment Hotline: 800-822-7422
  - Consult [The Well Project's fact sheet on AIDS-Defining Conditions](#) for links to articles featuring more details



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# List of AIDS-Defining Conditions

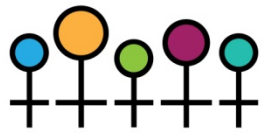
- Bacterial infections (multiple, recurrent)
  - Only for children <13 years old
- Candidiasis of bronchi, trachea, or lungs
- Candidiasis, esophageal
- Cervical cancer, invasive
  - Only among people  $\geq 13$  years old
- Coccidioidomycosis, disseminated or extrapulmonary
- Cryptococcosis, extrapulmonary
- Cryptosporidiosis, chronic intestinal (>1 month)
- CMV disease (other than liver, spleen, or nodes)
  - Beginning when older than one month
- CMV retinitis (with loss of vision)
- Encephalopathy, HIV-related
- Herpes simplex: chronic ulcers (>1 month); bronchitis, pneumonitis, esophagitis
  - Beginning when >1 month old
- Histoplasmosis, disseminated or extrapulmonary
- Isosporiasis, chronic intestinal (>1 month)



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# List of AIDS-Defining Conditions

- Kaposi sarcoma
- Lymphoma, Burkitt
- Lymphoma, immunoblastic
- Lymphoma, primary, of brain
- *Mycobacterium avium* complex or *M. kansasii*, disseminated or extrapulmonary
- *Mycobacterium tuberculosis*, of any site, pulmonary ( $\geq 13$  years old), disseminated, extrapulmonary
- *Mycobacterium*, other species or unidentified species, disseminated or extrapulmonary
- *Pneumocystis jirovecii* pneumonia (PCP)
- Pneumonia, recurrent ( $\geq 13$  years old)
- Progressive multifocal leukoencephalopathy
- *Salmonella septicemia*, recurrent
- Toxoplasmosis of brain, beginning when  $>1$  month
- Wasting syndrome due to HIV



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## Learn More!

- To learn more about this topic, and for links to articles featuring more details, please read the full fact sheet on this topic:
  - Fact sheet: [AIDS-Defining Conditions](#)
- For more fact sheets and to connect to our community of women living with HIV, visit:
  - [www.thewellproject.org](http://www.thewellproject.org)
  - [www.facebook.com/thewellproject](https://www.facebook.com/thewellproject)
  - [www.twitter.com/thewellproject](https://www.twitter.com/thewellproject)