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AIDS-Defining Conditions

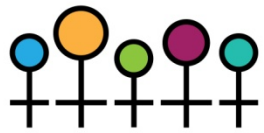
Last updated: February 18, 2021

Together, we can change the course of the HIV epidemic...one woman at a time.

#onewomanatatime

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What Is AIDS?

AIDS stands for

Acquired

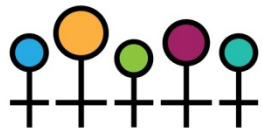
Immune

Deficiency

Syndrome.

AIDS is the most
advanced stage of HIV.

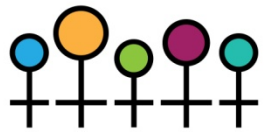




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What Is an AIDS Diagnosis?

- CDC defines a person as having AIDS if (s)he is **living with HIV and has a CD4 cell count of 200 or less**
 - CDC has list of opportunistic infections (OIs), cancers, conditions considered **AIDS-defining conditions** (see slides 6 and 7)
 - If you are living with HIV and have 1 or more of these conditions, you have a diagnosis of AIDS, no matter your CD4 count or how it changes
 - This does not necessarily mean you are sick or will get sick in the future
 - Public health system's way to count people with advanced HIV



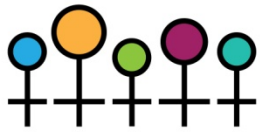
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Stage 3/4 HIV

- AIDS is also sometimes referred to as **stage 3 HIV**
- CDC defines and uses “stages” of HIV
 - To keep track of the # of HIV cases in US
 - To plan for prevention and care on a population level
- WHO uses similar staging system, set of definitions
 - WHO refers to AIDS as “severe HIV” or “stage 4”
- Definitions not meant for health care providers to use in making clinical decisions for individual patients

AIDS-Defining Conditions

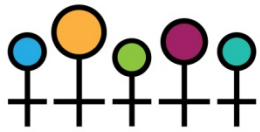
- AIDS-defining conditions on slides 6 and 7 come from a government report and contain medical terms
- If you have any questions:
 - Ask your health care provider
 - Contact an educator at a local ASO
 - Read [The Well Project's fact sheet on AIDS-Defining Conditions](#) for links to articles with more details



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List of AIDS-Defining Conditions I

- Bacterial infections (multiple, recurrent)
 - Only for children <13 years old
- Candidiasis of bronchi, trachea, or lungs
- Candidiasis, esophageal
- Cervical cancer, invasive
 - Only among people ≥ 13 years old
- Coccidioidomycosis, disseminated or extrapulmonary
- Cryptococcosis, extrapulmonary
- Cryptosporidiosis, chronic intestinal (>1 month)
- CMV disease (other than liver, spleen, or nodes)
 - Beginning when older than one month
- CMV retinitis (with loss of eyesight)
- Encephalopathy, HIV-related
- Herpes simplex: chronic ulcers (>1 month); bronchitis, pneumonitis, esophagitis
 - Beginning when >1 month old
- Histoplasmosis, disseminated or extrapulmonary
- Isosporiasis, chronic intestinal (>1 month)



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List of AIDS-Defining Conditions II

- Kaposi sarcoma
- Lymphoma, Burkitt
- Lymphoma, immunoblastic
- Lymphoma, primary, of brain
- *Mycobacterium avium* complex or *M. kansasii*, disseminated or extrapulmonary
- *Mycobacterium tuberculosis*, of any site, pulmonary (≥ 13 years old), disseminated, extrapulmonary
- *Mycobacterium*, other species or unidentified species, disseminated or extrapulmonary
- *Pneumocystis jirovecii* pneumonia (PJP, formerly PCP)
- Pneumonia, recurrent (≥ 13 years old)
- Progressive multifocal leukoencephalopathy
- *Salmonella septicemia*, recurrent
- Toxoplasmosis of brain, beginning when > 1 month
- Wasting syndrome due to HIV



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Learn More!

- To learn more about this topic, and for links to articles featuring more details, please read the full fact sheet on this topic:
 - Fact sheet: [AIDS-Defining Conditions](#)
- For more fact sheets and to connect to our community of women living with HIV, visit:
 - www.thewellproject.org
 - www.facebook.com/thewellproject
 - www.twitter.com/thewellproject