

“The Well Project was the catalyst that allowed me to explore my inner self and come to terms with my diagnosis. It has also provided me with vital tools to use my experience to encourage other women and live beyond prejudice and stigma.”

ARYAH LESTER — Washington, DC
Community Advisory Board Member and
A Girl Like Me blogger, The Well Project



#onewomanatatime

www.thewellproject.org



The Well Project is a global resource that leverages technology to improve health outcomes and increases quality of life for women and girls living with HIV.



Together, we can change the course of the HIV epidemic...one woman at a time.

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